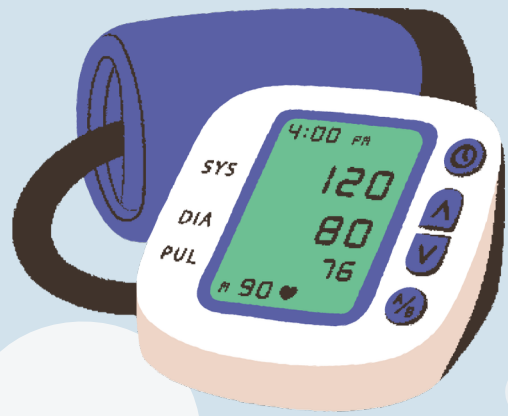




Blood Pressure & Mens Health Information

Saturday 5th September 2026
Gents Individual Open

Hollandbush Golf Club, Acretophead,
New Trows Road, Lesmahagow ML11 0JS

Healthy Valleys and NHS Lanarkshire Health Improvement will be in attendance at the tournament with health and wellbeing information and resources.

- Opportunities for health and wellbeing discussion
- Blood pressure monitoring and information
- Prostate Cancer and Testicular Cancer information and resources

For more information contact simone@healthyvalleys.org.uk or Megan.Connor2@lanarkshire.scot.nhs.uk

